# **PARKS & RECREATION**

Phone: 215-968-2800 ext. 239 • www.NewtownFun.com • recreation@newtownpa.gov Office Hours: Monday-Friday | 8:00 am-4:30 pm

Staff: Kathy Pawlenko, Director • Janyce Czyz, Secretary • Gerri Lumpkin and Matt Zipin, Program Coordinators Board: Andy Levine, Chair • Rachel Chafetz • Patti Conroy • Denis D'Arcy • Florence Geller • Kathy Kelly • Catherine Anne Porter • Sue Sutton

Check us out on Social Media! Search for Newtown Township Parks & Recreation on Facebook, Instagram and Twitter and like/follow us to see updates and flyers for upcoming, current and new classes!

Follow us on Social Media Newtown Township Parks & Recreation





Due to COVID 19 all programs/events are subject to cancellation by the Township.

Program dates/times may have changed, please check the website for more accurate information.

# **Registration Information and Form - page 27**



Become a Sponsor of a Parks and Recreation Event!

Thank you to our current sponsors. We are always seeking to grow our numbers of community partners. Here is your opportunity to support fun events and showcase your business. Please call the Parks and Recreation Department if you are interested in sponsoring an event.

Newtown Township FANTASTIC Summer Camps

# SUMMER CAMPS



for children ages four years to ninth grade! EARLY REGISTRATION RATES END FRIDAY, APRIL 30TH! A Deposit of 25% guarantees you a spot in the camp of your choice

Deposits must be paid in full by May 28th or pay regular registration fees Camp enrollments received after May 28th must be paid in full

#### **Camp Newtown Before Care**

Wake up with us at Camp Newtown! Arrive in the am as we get ready for the day together enjoying crafts and games

Before Care: Mon - Fri, Jun. 28 – Aug. 6, 8:00 - 9:00 am #213004 Fee: \$260 Resident Discount: \$230 Early Discount: \$235 Early Resident Discount: \$210

**BONUS WEEK** Session: Mon - Fri, Aug. 9 - 13, 8:00 - 9:00 am #213005 Fee: \$50 Resident Discount: \$40 Early Discount: \$45 Early Resident Discount: \$35

#### **Camp Newtown After Care**

Extend your campers day until 5:30 pm! Pack an extra snack and join us for activities that keep you engaged until you walk out the door! After Care: Mon - Fri, Jun. 28 - Aug. 6, 3:30 - 5:30 pm **#213006** Fee: \$525 Resident Discount: \$455 Early Discount: \$475 Early Resident Discount: \$410

**BONUS WEEK** Session: Mon - Fri, Aug. 9 - 13, 3:30 - 5:30 pm #213007 Fee: \$95 Resident Discount: \$80 Early Discount: \$85 Early Resident Discount: \$70

#### Teen Camp (grades 6-9)

Have fun with friends while enjoying sports, games, swimming and field trips. This is a fun-filled camp that emphasizes independence with an exciting array of trips and activities within a safe and supportive environment. Teen Camp will be closed on trip days for those who are not attending.

5 Day Option: Mon - Fri, Jun. 28 - Aug. 6, 9:00 am - 3:00 pm **#213008** No camp Jul. 5th Fee: \$1675 Resident Discount: \$1460 Early Discount: \$1510 Early Resident Discount: \$1315 4 Day Option: Mon - Thu, Jun. 28 – Aug. 5, 9:00 am – 3:00 pm #213009 No camp Jul. 5th Resident Discount: \$1210 Fee: \$1390

Early Discount: \$1250 Early Resident Discount: \$1090 Location: Newtown Middle School Gym

#### Playground Half Day Camp (grades 1-5)

Looking to give your child a summer of fun and memories for a lifetime at a very reasonable cost? This half-day playground camp will keep your child busy and your pockets happy! Newtown Township is proud to offer an affordable, fun and safe summer camp with arts & crafts, and plenty of games and sports. Register early, space is limited!

Session 1: Mon - Fri, Jun. 28 – Jul. 16, 9:00 am – 12:00 pm **#213010** No camp Jul. 5th

Session 2: Mon - Fri, Jul. 19 - Aug. 6,

9:00 am – 12:00 pm **#213011** Location: Goodnoe Elementary School Cafeteria Fee: \$315 Resident Discount: \$275 Early Discount: \$285 Early Resident Discount: \$250

### **Camp Beechtree (ages 4-6)**

A fun and creative half day camp for young children offering a well-rounded camp experience within a nurturing and supportive pre-school environment. Session: Mon - Fri, Jun. 28 – Aug. 6,

9:15 am - 12:15 pm #213001 No camp Jul. 5th Location: Shir Ami, 101 Richboro Road, Newtown, PA 18940 Fee: \$630 Resident Discount: \$550 Early Discount: \$570 Early Resident Discount: \$495

#### **Camp Newtown (grades 1-6)**

For children entering 1st through 6th grade in September 2021. Arts & crafts, organized activities, games, and special events will keep your camper busy all summer long! Includes swimming and field trips. Just the right amount of time for lots of fun and friends!

Mon - Fri, Jun. 28 – Aug. 6, 9:00 am - 3:30 pm **#213002** Session: No camp Jul. 5th Location: Newtown Elementary School Fee: \$1260 Resident Discount: \$1090 Early Discount: \$1130 Early Resident Discount: \$980

#### **BONUS WEEK**

Session: Mon - Fri, Aug. 9 - 13, 9:00 am - 3:30 pm #213003 Fee: \$220 Resident Discount: \$185 Early Discount: \$200 Early Resident Discount: \$165

# **YOUTH SPECIAL INTEREST**

# School's Out 2021

#### **Electronic Game Design: Platform Games (Ages 8-12)**

Students will create their own video game. A platform game is a sidescrolling, Mario-type game where students program characters and a two-dimensional obstacle course. They attempt to avoid or overcome enemies and reach an end goal on multiple levels. At the end of the class, students take home a copy of the game they create. Session: Mon, Feb. 15, 9:00 am – 4:00 pm **#211136** Instructor: Engineering for Kids Location: Newtown Township Administration Building Fee: \$90 Resident Discount: \$75

#### School's Out Art Workshops (Ages 7-12)

In these one day workshops, students will create a variety of art projects geared around popular themes. Various mediums will be explored which may include acrylic painting, pastel, mixed media/ collage, 3D design, air clay, watercolor and more!

Convenient morning and afternoon options are available. Please bring a bagged, nut-free lunch and drink if staying for both sessions. Students MUST be able to use scissors and glue guns independently. Social distancing will be maintained through separate workspaces and materials.

Morning Session: 9:00 am – 12:00 pm Afternoon Session: 1:00 pm – 4:00 pm Instructor: Leigh Ferello Location: Newtown Township Administration Building Fee: \$54 per session **Resident Discount:** \$45 per session

#### Mother's Day Princess-themed Tea Party (ages 3-8)

Dress your 'princess best' and join us for a Mother's Day inspired tea party led by a princess. The princess will be leading the fun with a story followed by singing, dancing, and games. The children will then be treated to tea party-style snacks and beverages. **Session:** Sun, May 2.

11:00 am – 12:00 pm **#211188** Instructor: Pretty Princess Jersey Location: Newtown Township Administration Bldg. Fee: \$24 Resident Discount: \$20

#### Piano Mini - Private Piano Lessons (ages 4-8)

Get your child started with Piano! Davle Music's Piano Mini Lessons are 15 minute, FUN private piano lessons taught on Skype. Each child works at his/ her own pace to complete the Piano Mini Lesson Course which leads to playing songs. Lessons are purchased 3 at a time and can be ongoing. Practice assignments will be given after each lesson. For beginner students ages 4 to 8. You must have a piano or any size keyboard. Discover how fun and easy learning piano can be! Once you sign up the instructor will contact you with more information and to set up dates and times for the lessons. Session: 3/15 minute each #211020 Instructor: Dayle Magida, BM Location: Skype Fee: \$42

#### **Ocean Explorers (ages 4-8)**

Have fun investigating life form in the many depths of the ocean. Dissect a fish (optional), use a microscope to find tiny sea creatures, create a special piece of art, and learn about properties of sea water. \**Children 6 and under must be accompanied by an adult partner.* **Session:** Sun, Apr. 11, 1:00 - 2:00 pm **#211133** Instructor: Mary Crum, Inspiring Science

Location: Newtown Township Administration Bldg. Fee: \$38 Resident Discount: \$32

Wheels in Motion (ages 5-9) These wheels are ready to roll! Students will use LEGO® Bricks, axles, pulleys, gears, and motors to build a variety of models on wheels. Some are familiar vehicles, such as a fire engine and delivery truck. Others are more spectacular, such as the Rescue Robot and K-9 Bot. Do you have a need for speed? Put your Speed Bot model to the test as you race against others using remote controls! We'll explore concepts of speed and force, and gain nonvehicle knowledge from the unconventional Wheels in Motion models as well. Let's roll! Session: Sat, Feb. 20 – Mar. 27.

10:00 - 11:00 am **#211081** 

Instructor: Bricks4Kidz Location: Newtown Township Administration Bldg. Fee: \$150 Resident Discount: \$125



#### Chess Club (ages 6-12)

Whether you are new to the game, learning to push pawns for the first time, or have played in numerous tournaments and want to sharpen your skills, come to Shining Knights Chess Club! Shining Knights has trained numerous state champions and national trophy winners. They have trained even more kids to enjoy the game so they can spend hours playing with friends and family. Whether you want to win games in your living room against your parents or win tournaments in other states, come join us and learn how to play chess or play better chess! **Session:** Wed, Jan. 13 - Mar. 17.

Session:	Wed, Jan. 13 - Mar. 17,
	4:30 – 5:30 pm <b>#211003</b>
Session:	Wed, Mar. 31 – Jun. 2,
	4:30 – 5:30 pm <b>#211022</b>
Instructor:	Shining Knights, Ltd.

**Location:** Newtown Township Administration Bldg. **Fee:** \$145

#### Mon, Jan. 18 - I Have a Dream

Create a dream catcher, feather painting and more, all inspired by Martin Luther King Jr.

#### Fri, Feb. 12 - For the LOVE of Indiana

Learn about the famous artist Robert Indiana and make works of art inspired by his creations.

#### Mon, Feb. 15 - Chinese New Year

Create works of art revolving around dragons, fortune cookies and lanterns as we celebrate the Year of the Ox.

#### Thu, Apr. 1 - Day in Sports

This class will explore a variety of art projects inspired by various sports themes.

#### Fri, Apr. 2 - Foodie Friday POP Art

Learn about famous Pop artists while making jelly bean art and more!

#### Mon, Apr. 5 - Circus Art

This class will explore a variety of art projects geared around the circus.

#### Tue, May 18 - Gamer Art

This class will explore a variety of art projects geared around popular video games.

#### **Creative Theatre (ages 7-10)**

Have you ever wanted to star in a play you helped create? Join us as students learn all about theatre by doing it themselves! Children are guided, by the instructors, through a process where they play theatre games, create a story, and work together to make that story into a working theatrical production. The participants create their own character, plot, props, costumes, title, and everything else that's needed to make the production complete. You get to play the part you have always dreamed of! The final day is a performance of their original play for family and friends.

Session:	Sat, Jan. 23 – Mar. 6,
	10:00 am – 12:00 pm <b>#211076</b>
	no class Feb. 13
Session:	Sat, Apr. 17 – May 22,
	10:00 am – 12:00 pm <b>#211077</b>
Instructor:	ArtsTechSolutions
Location:	Newtown Township Administration Bldg.
Fee: \$155	Resident Discount: \$130

#### **NEW** Terrarium Building (ages 8-12)

Join Marissa of The Art of Ecology for education and creative fun as we discover what plants need to survive and examine their importance in our lives! Each child can expect to bring home one finished terrarium to sit on a flat surface. All materials, including plants, will be provided, however if you would like to bring little accessories to create a fairy garden, feel free to! A portion of all proceeds from workshops with The Art of Ecology benefits Habitat & Plant Preservation Efforts. \*A \$12.50 materials fee is due to the instructor at the beginning of class.

Session: Sat, Mar. 14, 11:00 am - 12:00 p

11:00 am – 12:00 pm **#211084** Instructor: Marissa Jacobs, Art of Ecology Location: Newtown Township Administration Bldg. Fee: \$42 Resident Discount: \$35

# **NEW** Saturday Morning Art Series

**Software Engineering:** 

**Scratch Video Sensing** 

(Ages 8-12)

What's more fun than playing an interactive video

game? Writing one! Video sensing allows students

to design and program their own video games and

then test them by interacting with the program via

together to create their own games, art, and musical

instruments while exploring coding foundations. Get

webcam. In this Scratch program, students work

up and get moving with Engineering for Kids and

Mon, Jan. 20 – Feb 24,

5:30-6:30 pm #211138

**Jr. Civil Engineering - Fun Foundations:** 

Building a house to withstand the Big, Bad Wolf is

where the fun begins in Junior Civil. This program

and construction through hands-on exploration and

is centered on exploring the concepts of building

design. Students explore the engineering behind

skyscrapers, bridges, roads, and more in this fun

Mon, Apr. 12 – May 17,

4:30-5:30 pm #211139

Location: Newtown Township Administration Bldg.

EV3 Robotics: Robo Battles (Ages 8-12)

students to the world of not only building, but also

programming basic robots. Throughout this course the students will explore different ways in which a

robot could be utilized to engage in various battle

Mon, Apr. 12 - May 17,

5:45-6:45 pm #211140

Location: Newtown Township Administration Bldg.

Robo Battles curriculum is designed to introduce

VIRTUAL

Scratch Video Sensing!

Location: Zoom

Instructor: Engineering for Kids

**Building Up (Ages 4-7)** 

and engaging experience.

Instructor: Engineering for Kids

Fee: \$174 Resident Discount: \$145

Session:

Fee: \$99

Session:

challenges.

Session:

#### Saturday Morning Art Series (Ages 7-12)

In these art class series, students will create a variety of art projects geared around popular themes. Various mediums will be explored which may include acrylic painting, pastel, mixed media/collage, 3D design, air clay, watercolor and more! One main project and one secondary project will be offered. Students MUST be able to use scissors and glue guns independently. Social distancing will be maintained through separate workspaces and materials. Instructor: Leigh Ferello

Location: Newtown Township Administration Bldg. Fee: \$42 per class Resident Discount: \$35 per class

#### Jazz it Up in January

Enjoy creating art inspired by music. An artist and medium introduction is followed by self-guided exploration.

 Picasso:
 Sat, Jan. 9, 10:00 am - 12:00 pm #211141

 Chagall:
 Sat, Jan. 16, 10:00 am - 12:00 pm #211142

 Matisse:
 Sat, Jan. 23, 10:00 am - 12:00 pm #211143

 Seurat:
 Sat, Jan. 30, 10:00 am - 12:00 pm #211144

#### **Famous Kids in Art in February**

Learn about artists who began their careers as kids! An artist and medium introduction is followed by self-guided exploration.

Cameron Sky Villa:	Sat, Feb. 6, 10:00 am – 12:00 pm <b>#211145</b>
Wang Yangi:	Sat, Feb. 13, 10:00 am – 12:00 pm <b>#211146</b>
Hamzah Marbella:	Sat, Feb. 20, 10:00 am – 12:00 pm <b>#211147</b>
Aelita:	Sat, Feb. 27, 10:00 am – 12:00 pm <b>#211148</b>

# Super Scientists

## Wild Weather (ages 4-6)

Did you know you can make your own weather? Investigate the wonders of clouds and make it "rain". Perform experiments to make a "tornado" and "clouds" all while staying safe indoors.

Session: Sun, Feb. 7, 11:30 – 1:00 pm **#211213** Instructor: Mary Jett Location: Newtown Township Administration Bldg. Fee: \$36 Resident Discount: \$30 Materials Fee: \$5.00

#### Super Scientists Winter Fun (ages 4-6)

Come join the Winter Fun of snow while staying warm inside. Make your own snowstorm in a jar. Participate in a "snowball launching" contest. Build your own snowman and then watch it "melt" in an experiment. Cozy up for storytime while enjoying a cup of hot chocolate. **Session:** Sun. Feb 7.

Session: Suit, Feb 7, 1:30 – 3:00 pm **#211214** Instructor: Mary Jett Location: Newtown Township Administration Bldg. Fee: \$36 Resident Discount: \$30 Materials Fee: \$5.00

## Virtual Scratch: Jr. Space VIRTUAL Pioneer (Ages 4-7)

Embark on a fun journey to space with Scratch! Send an astronaut to the moon and defend your moon base from space rocks. Learn how to use Scratch to create and program sprites, backdrops and basic scripts. Create a new program each day, leave with evidence of your wild space adventure, and be inspired to explore the universe of programming as a Space Pioneer.

Session:	Mon, Jan. 20 – Feb 24,
	4:15-5:15 pm #211137
Instructor:	Engineering for Kids
Location:	Zoom
Fee: \$99	

#### **Mythical Magic in March**

Enjoy art inspired by magical and mythical themes. Harry Potter: Sat, Mar. 6, 10:00 am – 12:00 pm **#211149** Aladdin: Sat, Mar. 13, 10:00 am – 12:00 pm **#211150** Jumanji: Sat, Mar. 20, 10:00 am – 12:00 pm **#211151** How to Train your Dragon: Sat, Mar. 27, 10:00 am – 12:00 pm **#211152** 

#### Arcade Action in April

Enjoy art inspired by video games. **Mario:** Sat, Apr. 3, 10:00 am – 12:00 pm **#211153 Minecraft:** Sat, Apr. 10, 10:00 am – 12:00 pm **#211154 Lego:** Sat, Apr. 17, 10:00 am – 12:00 pm **#211155 Pac Man:** Sat, Apr. 24, 10:00 am – 12:00 pm **#211156** 

#### **Movie Masterpieces in May**

Enjoy art inspired by different movie themes. **Star Wars:** Sat, May 1, 10:00 am – 12:00 pm **#211157 Pixar Movies:** Sat, May 8, 10:00 am – 12:00 pm **#211158 Disney Movies:** Sat, May 15, 10:00 am – 12:00 pm **#211159 Minions:** Sat, May 22, 10:00 am – 12:00 pm **#211160** 



## After School Sew Much FUN!! (ages 8-12)

Discover the thrill of making something with your own two hands. Learn how to sew and use a sewing machine. We work with fabric, fleece, felt, buttons, zippers and all the trimmings. You will have SEW much fun creating a variety of items - drawstring bags, aprons, pillows, handbags, and soft toys such as turtles, pigs, ladybugs, butterflies, dolphins and much more. Classes are small so sign up soon. All materials included.

Session:	Wed, Jan. 13 – 27,
	4:00 – 5:30 pm <b>#211028</b>
Session:	Wed, Feb. 3 – 17,
	4:00 – 5:30 pm <b>#211029</b>
Session:	Wed, Mar. 3 – 17,
	4:00 – 5:30 pm <b>#211030</b>
Session:	Wed, Mar. 31 – Apr. 14,
	4:00 – 5:30 pm <b>#211031</b>
Session:	Wed, Apr. 21– May 5,
	4:00 – 5:30 pm <b>#211032</b>
Session:	Wed, May 12 – 26
	4:00 – 5:30 pm <b>#211033</b>
Instructor:	Lisa Shull
Location:	Sew Much Fun Studios,
	2324 Second Street Pike, Wrightstown,
	PA 18940
Eco: \$100	

Fee: \$100

#### Young Artists! - Learn to Draw (Ages 9-15)

For beginner and more advanced artists! The goal of this class is to improve drawing techniques through individual instruction at each student's individual pace. Different topics will be covered each session! Please bring to class: 18 x 24 sketchpad, colored pencils, two or more charcoal pencils, drawing pencils and an eraser.

Session:	Wed, Jan. 13 – Feb. 10,
	6:30 – 7:30 pm <b>#211004</b>
Session:	Wed, Feb. 17 – Mar. 17,
	6:30 – 7:30 pm <b>#211023</b>
Session:	Wed, Mar. 31 – Apr. 28,
	6:30 – 7:30 pm <b>#211024</b>
Session:	Wed, May 5 – Jun. 2,
	6:30 – 7:30 pm <b>#211025</b>
Instructor:	Mary Barnett, A Room with a View
Location:	Newtown Township Administration Bldg.
Fee: \$63	Resident Discount: \$52

Fee: \$174 Resident Discount: \$145

Instructor: Engineering for Kids

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# **YOUTH SPECIAL INTEREST**

#### Kids Wheel Class (ages 8-12)

Pre-registration is required to reserve materials and a seat for this class. Children ages 8 and older can join our 4-week pottery wheel class and learn how to center, pull up the walls, and form a variety of shapes such as bowls, cups, appetizer plates, small vases or pitchers, and more! Some hand building is involved to alter and expand on some of the pieces created. We'll spend the final class painting our creations. Class sizes are limited to 6 students.

\*A \$30 materials fee is due to Art Department

Studios on first day of class. **Session:** Tue, Jan. 5 – 26,

	5:00 – 6:00 pm <b>#211118</b>
Session:	Tues, Feb. 2 – 23,
	5:00 – 6:00 pm <b>#211119</b>
Session:	Tues, Mar. 2 – 23,
	5:00 – 6:00 pm <b>#211120</b>
Session:	Tues, Apr. 6 – 27,
	5:00 – 6:00 pm <b>#211121</b>
Session:	Tues, May 4 – 25,
	5:00 – 6:00 pm <b>#211122</b>
Instructor:	Art Department Studios
Location:	Art Dept. Studios Creation Station,
	Newtown PA
Fee: \$100	Resident Discount: \$95

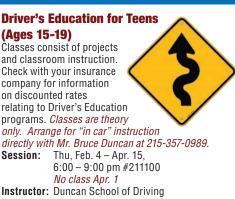
#### **NEW for TEENS - Mural-ogy Workshop**

#### Series (Ages 13 – 16)

As the unofficial "World Capital of Murals", Philadelphia leads the way in this popular art form, sending positive outreach messages to our community. If your teen loves to draw and paint, why not consider enrolling them in an introductory mural class? Teens will create their own mural theme and learn how to transfer it onto a larger "canvas". A brief history of mural art and basic concepts of composition, balance and color theory will be discussed. Social distancing will be maintained through separate workspaces and materials. Session: Sat, May 1 - 22,

1:00 - 4:00 pm #211189 Instructor: Leigh Ferello Location: Newtown Township Administration Bldg.

Fee: \$205 Resident Discount: \$179



Location: Newtown Township Administration Bldg. Fee: \$96 **Resident Discount: \$80** 

#### **SAT Prep Classes** VIRTUAL (ages 14-18)

Prepare for the NEW SAT with Newtown Township! These courses will provide foundational math & verbal skills for your student. A small group setting will be utilized to maximize personal instruction. The class will provide extensive practice and drills, and students will learn strategies with experienced instructors to increase their score. Homework will be provided to reinforce classroom discussions. SAT Math Prep

Session: Sun, Jan. 10 – Feb. 7, 4:00 - 5:30 pm **#211101** 

Session: Sun, Feb. 28 - Mar. 28, 2:30 - 5:00 pm #211102 (second class will be held on Sat, Mar. 6, 10:30 am – 12:00 pm; no class Mar. 7) Instructor: PA Certified Math Teacher,

20 years experience Fee: \$125

SAT Verbal Prep Session: Sat, Jan. 16 – Feb. 6, 1:00 - 3:00 pm #211229 Sat, Mar. 6 - 28, Session: 1:00 - 3:00 pm #211230

Instructor: Team Tutor Fee: \$155



#### **Driver's Education Course** VIRTUAL (ages 14-18)

Driver's education at home! John's Driving School's 30 Hour Online Driver's Education Course is approved by the Pennsylvania Dept. of Education and provides new drivers with the principles of driving, covering every aspect of the road new drivers need to know. Once enrolled, students can access and review the information online, anytime, anywhere, at their own pace. Course modules cover topics that provide students with the skills necessary to obtain a Pennsylvania Driver's License and most importantly, to become conscientious drivers. Special features include pdf documents, videos, and websites. Please note: The Pennsylvania Department of Education requires students to spend a total of at least 30 hours studying the course content before the final will be accessible. Upon passing the final exam with a score of at least 75%, John's Driving School will issue a Certificate of Completion! Please note the fee for this course is non-refundable.

30 Hour Online Driver's Education Session: #211135

Fee: \$50

#### **Babysitting and Beyond! (Ages 12-15)**

Be the best babysitter that you can be! This specially designed, interactive course provides babysitter readiness skills. The course teaches infant & child development, age-appropriate toys and games, feeding, bathing & general care, handling bed-time issues, basic first aid, identifying common safety hazards and more. The course consists of lecture, group discussions, role-playing and hands-on demonstrations. Participants receive certificates! Please bring a snack and lunch. Class size is limited, please register early! Session: Sat, Apr. 24,

9:00 am - 3:00 pm #211181 Instructor: Pam McDonald Location: Newtown Township Administration Bldg. Fee: \$72 Resident Discount: \$63

# **YOUTH SPORTS & FITNESS - WINTER & SPRING 2021**

#### **Kids Beginner Skateboard Course** NEW (ages 6-9)

This course is recommended for new skateboarders. Participants will learn balance, body coordination, creativity, teamwork, and develop their physical and mental strength. Skaters will learn how to get on/off a board safely, how to push and ride down small ramps at first. From there, they will be able to explore different types of ramps and tricks with instructors. Skateboard (no penny or longboard allowed), helmet and pads are required! Full COVID-19 plan can be found on the website. With your registration, you will receive a Foundry t-shirt and gear bag. \*A Skate the Foundry waiver must be completed prior to the start of the program; it will be emailed a few days before the first day.

Sun, Mar. 7 – May 23,
8:00 – 9:00 am <b>#211078</b>
Skate the Foundry
Newtown Skate Park, 25 West Rd,
Newtown, PA 18940
Resident Discount: \$415

#### **Tweens and Teens Beginner** NEW Skateboard Course (ages 10-15)

This course is recommended for new skateboarders. Participants will learn balance, body coordination, creativity, teamwork, and develop their physical and mental strength. Skaters will learn how to get on/off a board safely, how to push and ride down small ramps at first. From there, they will be able to explore different types of ramps and tricks with instructors. Skateboard (no penny or longboard allowed), helmet and pads are required! Full COVID-19 plan can be found on the website. With your registration, you will receive a Foundry t-shirt and gear bag. \*A Skate the Foundry waiver must be completed prior to the start of the program; it will be emailed a few days before the first day. Session: Sun, Mar. 7 – May 23

000010111	oun, mai. / may 20,
	9:15 – 10:15 am <b>#211079</b>
Instructor:	Skate the Foundry
Location:	Newtown Skate Park, 25 West Rd,
	Newtown, PA 18940
Fee: \$430	Resident Discount: \$415

#### **Intermediate & Advanced** NEW Skateboard Course (ages 6-15)

The skateboard course will be for participants who have previous skateboard experience and are comfortable riding their board without any supervision. Skaters will work on developing tricks in Vert and Street Skating. Prior to enrolling, skaters are required to know how to drop-in on a quarterpipe without any assistance. Skateboard (no penny or longboard allowed), helmet and pads are required! Full COVID-19 plan can be found on the website. With your registration, you will receive a Foundry t-shirt and gear bag. \*A Skate the Foundry waiver must be completed prior to the start of the program; it will be emailed a few days before the first day.

Session:	Sun, Mar. 7 – May 23, 10:30 – 11:30 am <b>#211080</b>
	Skate the Foundry Newtown Skate Park, 25 West Rd,
Fee: \$430	Newtown, PA 18940 Resident Discount: \$415



#### Newtown Sports Camp! (ages 4-6, 7-12)

Our fun-oriented and highly instructional camps create an atmosphere that enables children to learn, grow, make friends, and have a meaningful summer experience. Each day features a full-camp game in the morning, skill instruction in the day's themed sport, and afternoon recreational games and activities. Fullday camp for children ages 7-12 runs from 9:00 am - 3:00 pm. Half-day camp for children ages 4-6 runs from 9:00 am - 12:00 pm. You can sign up for single or multiple weeks! *No Camp July 5th*.

Full Day: Mon - Fri, Jun. 28 – Aug. 13, 9:00 am - 3:00 pm #213027 Fee: \$1,380 Resident Discount: \$1200 Weekly Rate

Fee: \$228 per week Resident Discount: \$190 per week July 6-9 (No Camp July 5th) Fee: \$182 Resident Discount: \$152

 Half Day: Mon - Fri, Jun. 28 – Aug. 13, 9:00 am - 12:00 pm #213028

 Fee: \$949
 Resident Discount: \$825

 Weekly Rate

 Fee: \$156 per week
 Resident Discount: \$130 per week

 July 6-9 (No Camp July 5th)

 Fee: \$125
 Resident Discount: \$104

 Instructor: Jump Start Sports

 Location:
 Godnoe Elementary School Gym

#### (Please visit www.NewtownFun.com for complete weekly descriptions and by week details!)

ul. 2 Sj	ports Camp Kickoff (Full Day) (Half Day)	#213029 #213030
A ul. 5	II-American Sports (Full Day) (Half Day)	#213030 #213031 #213032
ui. J	College Days (Full Day) (Half Day)	#213032 #213033 #213034
	Ultimate Warrior (Full Day) (Half Day)	#213034 #213035 #213036
	Olympics (Full Day) (Half Day)	#213037 #213038
	Sticks & Stones (Full Day) (Half Day)	#213039 #213040
	Color Wars (Full Day) (Half Day)	#213040 #213041 #213042
	(Hall Day)	#213042



#### Jump Start Sports Flag Football (Grades 1-3, 4-6)

Children are introduced to the fundamentals of the game of football in this fun, age-appropriate program. Players will learn the basic skills of both offensive and defensive positions, be introduced to speed and agility training, and participate in non-competitive scrimmages.

Grades 1-3: Sun, Apr. 11 – May 16, 12:30 – 1:30 pm **#213014** Grades 4-6: Sun, Apr. 11 – May 16, 1:30 – 2:30 pm **#213015** Instructor: Jump Start Sports Location: Staples Field Fee: \$102 Resident Discount: \$85

#### Hummingbirds Soccer (ages 3-4, 5-6)

Children have fun and learn the basics of soccer in an age-appropriate program. Players learn dribbling, passing, trapping, shooting, defending, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills designed to teach skills, and fun, low- key, non-competitive games. Ages 3-4: Sun, Apr. 11 – May 16, 10:00 – 10:45 am #213016 Ages 5-6: Sun, Apr. 11 – May 16, 11:00 am - 12:00 pm #213017 Instructor: Jump Start Sports Location: Staples Field Fee: \$102 Resident Discount: \$85

#### T-Birds T-Ball! (ages 3-5)

Players learn the basics of throwing, catching, fielding, batting, and base running. We will then apply what they have learned in fun, non-competitive games! All participants will receive a t-shirt, MLB baseball cap, and award! \*Games will be played using a rotating schedule. Games will be held at 5:30-6:30 or 6:30-7:30; schedules will be emailed at the beginning of the season. Session: Thu, Apr. 15 – May 20, 5:30 – 7:30 pm #213012 Instructor: Jump Start Sports

Location: Helen Randle Park Field 4

Fee: \$114 Resident Discount: \$95

#### Jump Start Sports Coach Pitch Baseball (ages 5-7)

A fun introduction to coach pitch baseball! Players will receive instruction in all basics of the sport, and will apply what they have learned in fun games. The games will be non-competitive and no score will be kept. Players who are not able to hit a pitched ball will be able to use a tee while learning. Each session includes instruction and game play. Session includes team shirt, cap, and award! \*Games will be played using a rotating schedule. Games will be held at 5:30-6:30 or 6:30-7:30; schedules will be emailed at the beginning of the season. Session: Tue, Apr. 13 – May 18, 5:30 – 7:30 pm #213013 Instructor: Jump Start Sports

Location: Helen Randle Park Field 4 Fee: \$114 Resident Discount: \$95



#### Super Soccer Stars (ages 2-3)

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, noncompetitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula and educational class themes use positive reinforcement, and a low child-to-coach ratio, to ensure that each child improves at his or her own rate, while having endless fun!

 Winter I:
 Thu, Jan. 14 – Feb. 18, 9:30 – 10:10 am #211114

 Winter I:
 Thu, Jan. 14 – Feb. 18, 10:20 – 11:00 am #211115

 Winter II:
 Thu, Feb. 25 – Apr. 1, 9:30 – 10:10 am #211116

 Winter II:
 Thu, Feb. 25 – Apr. 1, 0:20 – 11:00 am #211117

 Winter Location:
 Newtown Township Administration Bldg

 Spring I:
 Thu, Apr. 22 – May 27, 9:30 – 10:10 am #213043

 Spring I:
 Thu, Apr. 22 – May 27, 10:20 – 11:00 am #213044

 Spring Location:
 Roberts Ridge Park

 Instructor:
 Super Soccer Stars

 Fee: \$144
 Resident Discount: \$120

#### Super Soccer Stars (ages 6-8, 8-10)

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, noncompetitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Through the use of fun and ready-for action games and challenges, each player will learn the characteristics to become a successful soccer player. Whether a soccer novice, or looking to develop advanced skills, Super Soccer Stars is the place to be! \*Shin guards recommended Ages 6-8

 Ages 8-10
 Session:
 Sat, Apr. 17 – Jun. 5, 10:00 – 11:00 am #213044

 No Class May 29
 Ages 8-10
 Session:
 Sat, Apr. 17 – Jun. 5, 11:10 am – 12:10 pm #213045

 No Class May 29
 Instructor:
 Super Soccer Stars
 Location:
 Roberts Ridge Park

 Fee: \$168
 Resident Discount: \$140
 Start 10
 Start 10
 Start 10

# YOUTH SPORTS & FITNESS - WINTER & SPRING 2021 continued

#### **Snowplow Sam (ages 4-6)**

Designed for kids under six to build confidence while learning to skate, incorporating fun and games making class time an enjoyable experience for all. Bucks County Ice Sports Center

Session: Tue. Feb. 2 - Mar. 9, 4:20 - 5:20 pm #211085 **Revolution Ice Gardens** Thu, Feb. 4 – Mar. 11, Session: 4:20 - 5:20 pm #211086 Session: Sat, Feb. 6 - Mar. 13, 10:50 - 11:50 am #211087

Fee: \$99

#### Snowplow Tots (ages 3-6) NEW

This program is created for 1st-time skaters who can visit the rink during the day. Our Coaches instruct young skaters through games and interactive play, completing Snowplow skills. Each class ends with a small craft or game to complete the lesson. Once completed, your child will be ready for the "Basic Skills" module of "Learn to Skate". **Bucks County Ice Sports Center** Session: Tue. Feb. 2 – Mar. 9,

4:20 - 5:20 pm #211088 **Revolution Ice Gardens** Wed, Jan. 27 - Mar. 3, Session: 11:00 am - 12:00 pm #211089 Thu, Feb. 4 – Mar. 11, Session: 4:20 - 5:20 pm #211090 Sat. Feb. 6 - Mar. 13. Session: 10:50 - 11:50 am #211091 Fee: \$99

#### Basic Skills 1 & 2 (ages 6-12)

These lessons put the FUN in fundamentals as your skaters enjoy learning the basics of ice skating. **Bucks County Ice Sports Center** Tue. Feb. 2 – Mar. 9, 4:20 – 5:20 pm **#211092** Session: **Revolution Ice Gardens** Session: Thu, Feb. 4 - Mar. 11, 4:20 - 5:20 pm #211093 Sat. Feb. 6 – Mar. 13. Session: 10:50 - 11:50 am #211094 Fee: \$125

\*\*PLEASE NOTE: You must register for Learn to Skate through U.S. Figure Skating first, registration covers skaters from July 1 - June 30 each year\*\*

#### Intermediate Archery I NEW (ages 6-12, 13-17)

We believe any student can learn how to shoot a bow accurately, no matter their age, level of experience. or physical stature. No matter where you start, there will come a point where you have mastered the basic fundamentals, and begin looking for the next step. Intermediate I is that step. In this course, we'll be looking at different skills and form mechanics that will make your bow work well for you. Sign up today, and begin refining your technique! Archers must have participated in Exploring Archery or have prior Archery experience!

Session:	Tue, Jan. 12 – Feb. 9,
	3:00 – 3:45 pm <b>#211018</b>
Session:	Tue, Feb. 23 – Mar. 23,
	3:00 – 3:45 pm <b>#211019</b>
Instructor:	Shooting Star Archery Academy
Location:	Northampton Recreation Center – Gym
Fee: \$130	

#### Exploring Archery (ages 6-12, 13-17)

Archery is a universal, lifetime sport...anyone can do it! It builds upper body and core strength, along with balance and hand-eye coordination. Archery develops strong problem-solving skills, focus, determination and patience! "Exploring Archery" will introduce you to the sport of archery. All equipment, including bows, arrows (safe tip), quivers, targets, safety netting and cones will be provided. This program will help students practice precision and proper form, while promoting the joy and fulfillment that archery can bring! Each week is a new and exciting lesson plan. Students can develop at their own pace in a safe and fun environment! Taught by certified, experienced instructors from Shooting Star Archery Academy. Session: Tue Jan 12 - Feb 9

969910II.	TUE, JAH. 12 – FED. 9,
	4:00 – 4:45 pm <b>#211014</b>
Session:	Tue, Jan. 12 – Feb. 9,
	5:00 – 5:45 pm <b>#211015</b>
Session:	Tue, Feb. 23 – Mar. 23,
	4:00 – 4:45 pm <b>#211016</b>
Session:	Tue, Feb. 23 – Mar. 23,
	5:00 – 5:45 pm <b>#211017</b>
Instructor	Shooting Star Archary Acader

Instructor: Shooting Star Archery Academy Location: Northampton Recreation Center – Gym Fee: \$130

#### Little Ninjas (ages 3-6)

Led by 4th Degree Black Belt, Mr C, of Action Karate. Children will learn basic martial arts skills as they learn the basics of paying attention, balance skills, coordination, manners and respecting others in an always fun and positive atmosphere! Please check website for holiday schedule. \*Uniform is required one time purchase of \$30 through Action Karate

Session:	Tue, Jan. 12 – Feb. 9,
	4:30 – 5:00 pm <b>#211064</b>
Session:	Thu, Jan. 14 – Feb. 11,
	4:30 – 5:00 pm <b>#211065</b>
Session:	Sat, Jan. 16 – Feb. 13,
	9:00 – 9:30 am <b>#211066</b>
Session:	Tue, Feb. 23 – Mar. 23,
	4:30 – 5:00 pm <b>#211067</b>
Session:	Thu, Feb. 25 – Mar. 25,
	4:30 – 5:00 pm <b>#211068</b>
Session:	Sat, Feb. 27 – Mar. 27,
	9:00 – 9:30 am <b>#211069</b>
Session:	Tue, Mar. 30 – Apr. 27,
	4:30 – 5:00 pm <b>#213020</b>
Session:	Thu, Apr. 1 – 29,
	4:30 – 5:00 pm <b>#213021</b>
Session:	Sat, Apr. 3 – May 1,
	9:00 – 9:30 am <b>#213022</b>
Location:	Action Karate, 11 Penns Trail,
	Suite 500, Newtown
Fee: \$54	Resident Discount: \$45

#### Special Needs Karate (ages 3-18)

Our special needs class is a parent participation class for special needs children of all ages and all diagnoses. We work on coordination, focus, and motor planning. Come join us for some Friday family fun!

Session:	Fri, Jan. 15 – Feb. 12,
	5:30 – 6:00 pm <b>#211070</b>
Session:	Fri, Feb. 26 – Mar. 26,
	5:30 – 6:00 pm <b>#211071</b>
Session:	Fri, Apr. 2 – 30,
	5:30 – 6:00 pm <b>#213023</b>
Location:	Virtual or in-person
Fee: \$90	Resident Discount: \$75

#### **Kinder Karate for Parent & Child** (Ages 2-3)

Our Instructor works as your guide, as you and vour child work together on basic karate, motor and social skills. You will have FUN with your child while working together to learn a variety of movements to help develop balance, coordination, rhythm and social skills. We will help you prepare your little one for preschool by working on independence, following directions, cooperating, taking turns, sharing and of course accepting new challenges. Please check website for holiday schedule. (Uniform is required - one time purchase of \$30 through Action Karate)

Session:	Sat, Jan. 16 – Feb. 13,
	8:30 – 9:00 am <b>#211072</b>
Session:	Sat, Feb. 27 – Mar. 27,
	8:30 – 9:00 am <b>#211073</b>
Session:	Sat, Apr. 3 – May 1,
	8:30 – 9:00 am <b>#213024</b>
Location:	Action Karate, 11 Penns Trail,
	Suite 500, Newtown
Fee: \$90	Resident Discount: \$75

#### A Taste of Fencing (ages 8-16)

Lunge into something different! Fencing is fun. safe, exciting, and a great form of exercise! It sharpens your agility, balance, confidence, reflexes and even your mind! This course is designed as an introduction to fencing. Attendance at first class is mandatory. Classes taught by certified Fencing instructors. All necessary equipment will be provided.

Thu, Feb. 4 – 18,
5:00 – 6:00 pm <b>#211182</b>
Sat, Feb. 6 – 20,
1:00 – 2:00 pm <b>#211183</b>
Mon, Mar. 1 - 15,
7:30 – 8:30 pm # <b>211184</b>
Sat, Mar. 6 – 20,
1:00 – 2:00 pm <b>#211185</b>
Sat, Apr. 3 – 17,
1:00 – 2:00 pm <b>#213059</b>
Tue, Apr. 6 - 20.
5:30 – 6:30 pm <b>#213060</b>
Bucks County Academy of Fencing
Laceworks Complex, 287 S. Main Street,
Lambertville. NJ
,,

#### Kids Yoga (ages 4-7)

Kids learn age-appropriate yoga poses, fun yoga games and breathing techniques that help them focus and calm themselves in a fun atmosphere. Children will learn various poses that will help them with different life situations like how to handle stress using the breath, how to use Lion's breath to release anger and other useful tools to bring yoga to their life. \*Participants should bring a yoga mat.

Session: Sat. Jan. 9 - Feb. 6, 9:00 - 10:00 am #211190 No Class Jan. 23 Session: Tue, Mar. 20 - Apr. 17, 9:00 - 10:00 am #211191 No Class Mar. 27 Instructor: Helen Murphy Location: Newtown Township Administration Bldg. Fee: \$36 Resident Discount: \$30

Newtown Township

#### Prince & Princess Ballet for Preschoolers! (ages 3-5)

Twirl your way to becoming a dancing prince or princess! Young ballet dancers will learn basic ballet positions and how to move their bodies gracefully as they dance to their favorite songs. Ballet attire is not required!

Session:	Thu, Jan. 14 – Feb. 18,
	1:30 – 2:15 pm <b>#211130</b>
Session:	Thu, Mar. 4 – Apr. 15,
	1:30 – 2:15 pm <b>#211131</b>
	No Class Apr. 1
Session:	Thu, Apr. 29 – Jun. 3,
	1:30 – 2:15 pm <b>#213058</b>
Instructor:	Kelli Robbins
Location:	Newtown Township Administration Bldg.
Fee: \$70	Resident Discount: \$59



#### Hip Hop for Teens (ages 11-19)

This class is an exciting way to introduce your child to Hip Hop and dance! Teens can experience Hip Hop in a family-friendly environment with great music and fun dance moves! It is a high-energy curriculum with an emphasis on rhythm and movement fundamentals. Join PSPA for the hip hop dance party!

 
 Advanced (ages 14-19): Thu, Jan. 7 – 28, 6:30 – 7:30 pm #211192

 Intermediate (ages 11-15): Thu, Jan. 7 – 28, 7:30 – 8:30 pm #211193

 Instructor: PA School of the Performing Arts

 Location:
 2324 2nd St Pike, Newtown, PA 18940

 Fee: \$96
 Resident Discount: \$80

#### Tap Dancing (ages 6-9, 14-19)

Tap dance is an extremely high energy, rhythmic based dance style that finds its roots in American, English, and African history. There are several major variations on tap dance including rhythm, classical, Broadway, and post-modern. PSPA is happy to be able to offer a little mix of every tap style with their tap dancing classes, which are offered for children! From the basics to more advanced steps, learn tap in a fun and inviting way! Soon you'll be dancing your way to 42nd street!

Advanced (ages 14-19): Thu, Jan. 7 – 28, 4:30 – 5:30 pm #211194

Beginner (ages 6-9): Thu, Jan. 7 – 28, 5:30 – 6:30 pm #211195

Instructor: PA School of the Performing Arts Location: 2324 2nd St Pike, Newtown, PA 18940 Fee: \$96 Resident Discount: \$80

## NEW Ballet 1-2 (ages 6-8)

Classes begin with a traditional ballet barre, followed by center work and movement across the floor. Classes not only focus on building a strong ballet technique in the dancers, but also focus on musicality and performance skills as well. Class sizes are small so each student is ensured individual attention.

 
 Session:
 Sat, Jan. 9 – 30, 10:00 – 10:45 am #211196

 Instructor:
 PA School of the Performing Arts

 Location:
 2324 2nd St Pike, Newtown, PA 18940

 Fee:
 \$96

 Resident Discount:
 \$80

#### Broadway Stars (ages 6-8)

Join us on a Broadway adventure with our Broadway Stars! Classes focus on different dance styles including musical theater, theater dance, and more! Session: Sat, Jan. 9 – 30, 10:45 - 11:30 am **#211197** 

Instructor: PA School of the Performing Arts Location: 2324 2nd St Pike, Newtown, PA 18940 Fee: \$96 Resident Discount: \$80

#### Swim Lessons!

Parks and Recreation partners with the Newtown YMCA at Chandler Hall to offer the community group swim lessons for youth! Lessons are offered for children starting at 6 months old and are thirty minutes in length unless otherwise noted. Most sessions are 8 weeks long. Registration information can be found online at www.NewtownFun.com under Youth Sports. Please call the office at 215-968-2800 ext. 239 for more information.

#### **Tennis Lessons!**

Coming in April! Outdoor Tennis with Bucks County Tennis Association. Newtown Township and the Bucks County Tennis Association (BCTA) will partner again this spring to bring affordable, quality Learn, Practice and Play tennis programs! Programs will start April and will run through October for both youth and adults. Includes USTA programs, Youth Team Tennis, Adult Leagues, instructional programs, etc. – All skill abilities welcome! Program specifics, including dates and times, will be posted late February 2021 at www.NewtownFun.com and www.buckscountytennis.usta.com. Registration opens in March.





## **ADULT SPORTS & FITNESS - WINTER & SPRING 2021**

## Tone & Strengthen – Virtual Exercises w/ Aesha Tahir

#### 20/10/10 Stretch & Sculpt

Perfect class for your lunch break. The instructor will move with you, in a yoga inspired class, infused with strength and cardio training, that will be sure to add heat to your daily routine, while toning every muscle group. The class will start with 20 minutes yoga flow, followed by a 20 minutes full body strength circuit, and ending with 20 minutes deep stretch flow. \*Yoga Mat, resistance band, and two medium/heavy dumbbells required for this class\* Session: Mon, Jan. 4 – Feb. 8,

 
 12:00 – 1:00 pm #211044

 Session:
 Mon, Feb. 15 – Mar. 22, 12:00 – 1:00 pm #211045

Fee: \$58

## YOGA Sculpt

The instructor will move with you, in a yoga inspired class, infused with strength and cardio training, that will be sure to add heat to your daily routine, while toning every muscle group. The class will start with 15 minutes yoga flow, followed by a 20 minutes full body strength circuit, and ending with 15 minutes deep stretch flow.

 
 Session:
 Tue, Jan. 5 – Feb. 9, 6:30 – 7:20 am #211046

 Session:
 Tue, Feb. 16 – Mar. 23, 6:30 – 7:20 am #211047

 Fee:
 \$58

Fee: \$58

#### **Body by Barre**

Are you ready for a one-hour full body workout? Set to today's hottest music, Body by Barre fuses ballet, Pilates, sports conditioning and stretching. This regimented routine will evenly sculpt and quickly transform the entire body, resulting in a toned, trim physique. Classes begin with a warm-up focusing on postural strength and alignment, followed by upper body exercises. A waist height sturdy surface can be used for flexible training, and to sculpt the lower body and abs. Class ends with core work and stretching. Many of the stretches and strengthening exercises are endorsed by sports medicine physicians and orthopedists. *\*Yoga Mat, Pilates ball, and two light dumbbells required for this class\** 

Session:	lue, Jan. 5 – Feb. 9,
	9:30 – 10:30 am <b>#211048</b>
Session:	Tue, Feb. 16 – Mar. 23,
	9:30 – 10:30 am <b>#211049</b>
Fee: \$58	

Beginner's T'ai Chi Chih® (Non-Martial Art)

Ť'ai Chi Chih is a gentle, mindful, moving meditation with many health benefits that may be taught seated as well as standing. This particular form is adopted by UCLA for research, demonstrating its effect on helping to increase immunity, improve sleep quality, and decreasing the symptoms of depression. It is widely accepted that T'ai Chi improves balance and lowers high blood pressure. Because of its effectiveness, this moving meditation has recently been written about in The New York Times, AARP National Magazine, and many other publications. Learning T'ai Chi Chih would be an excellent way to commit to improving your health and increasing your happiness now. Great for beginners and seniors. Tue, Jan. 19 - Feb. 23, Session:

6:30 – 7:30 pm **#211062** Instructor: Siobhan Hutchinson, MA Holistic Health Location: Newtown Township Administration Bldg. Fee: \$86 Resident Discount: \$72

## Winyooo Yogo

### Vinyasa Yoga

It's a gentle yoga flow for all fitness levels to give you energy and help you focus throughout your day. You will gain strength and flexibility in your muscles while having a strong mind body connection. Each class will combine a balanced series of poses with a focus on opening up one of several potential areas of tightness, such as your hamstrings, hips, shoulders, or neck. A selection of restorative poses will support your body with props, so the muscles, fascia and nervous system get to take a break from the daily grind.

\*Yoga Mat and two blocks required for this class\* Session: Wed, Jan. 6 – Feb. 10,

9:30 – 10:30 am **#211050** Session: Wed, Feb. 17 – Mar. 24,

9:30 – 10:30 am **#211051** Fee: \$58

## **Buns & Guns**

This class will help you tighten, firm and tone your buttocks and pelvic region (Buns) through various equipment and body weight exercises specifically designed for this area of the body. This class will also focus on the troublesome upper arm area (Guns) through specific exercises designed to impact the bicep and triceps area.

\*Yoga Mat, resistance band, and two medium/heavy dumbbells required for this class \*

Session: Wed, Jan. 6 – Feb. 10, 6:15 – 7:05 pm **#211052** Session: Wed, Feb. 17 – Mar. 24,

6:15 – 7:05 pm **#211053** Fee: \$58

#### **Sunrise Yoga**

Awakens your senses and begins the day with an invigorating and energizing 60-minute class. A flowing series of dynamic postures designed to physically and mentally awaken your body and mind. Using a Vinyasa format with more focus on standing and heart opening postures to give you a powerful start to your day!

\*Yoga Mat and two blocks required for this class \* Session: Thu Jan 7 – Feb 11

00331011.	111u, 0uii. 7 100. 11,
	6:30 – 7:20 am <b>#211054</b>
Session:	Thu, Feb. 18 – Mar. 25,
	6:30 – 7:20 am <b>#211055</b>
Fee: \$58	

#### Intermediate T'ai Chi Chih ® (Non-Martial Art)

For those who want to distill more of the essence of T'ai Chi Chih, join us as we enter deeper into the Cosmic Rhythm. **Only** for those who have taken Beginner's T'ai Chi Chih (a non-martial art), no exceptions. Focus of this series is refinement of movements as well as full practice sessions from beginning to end of all the movements. **Session:** Tue, Mar. 9 – Apr. 13,

6:30 – 7:30 pm **#211063** Instructor: Siobhan Hutchinson, MA Holistic Health Location: Newtown Township Administration Bldg. Fee: \$102 Resident Discount: \$85

#### BARRELATTES

The class is a fusion of ballet conditioning, and Pilates. Whether you want to look better, feel better, or help increase bone density...this class is for you! Come have fun with us getting healthy and strong. Please bring a yoga mat and towel.

\*Yoga Mat, Pilates ring, and two blocks required for this class \*

Session:	Thu, Jan. 7 – Feb. 11,
	9:30 – 10:30 am <b>#211056</b>
Session:	Thu, Feb. 18 – Mar. 25,
	9:30 – 10:30 am <b>#211057</b>
Fee: \$58	

#### **Weekend Warrior**

Start your weekend right, don't be a couch potato. The Weekend Warrior Class uses barre and strength circuits to help take your fitness to the next level! So, come and join Weekend Warriors, and leave the couch potato behind.

\*Yoga Mat, resistance band, and two medium/heavy dumbbells required for this class\*

Session:	Fri, Jan. 8 – Feb. 12,
	9:30 – 10:30 am <b>#211058</b>
Session:	Fri, Feb. 19 – Mar. 26,
	9:30 – 10:30 am <b>#211059</b>

Fee: \$58

#### 20/20/10

Looking for a lunch time workout. Look no further. Three workouts in one! This class is a total body workout that combines cardio, strength training and core exercises. A total body workout designed to define & tone every muscle in every way. Great class for improving muscular strength & endurance. \*Yoga Mat, resistance band, and two medium/heavy dumbbells required for this class\*

Session:	Fri, Jan. 8 – Feb. 12,
	12:00 – 12:50 pm <b>#211060</b>
Session:	Fri, Feb. 19 – Mar. 26,
	12:00 – 12:50 pm <b>#211061</b>
Fee: \$58	



#### **Line Dancing!**

Line Dancing is very popular at weddings and parties. Even if you have never danced before, you'll find steps simple and fun to learn, a blast to perform with your friends and a great workout. Learn the hottest new Line Dances like Boogie Jive, Touch by Touch, Si Tu Me Das, Cha Cha Bomb, Rhythm of the Rain, Gotta Move, Jolly 6, African Bum Bum, I don't look good, Come dance with Me, C'est La Vie, One in a Million, and many more!

\*Singles, couples and beginners are welcome. Beginner to Intermediate (Tuesday's ONLY):

Fee: \$50	Resident Discount: \$42
	Newtown, PA
Location:	American Legion Hall, 41 Linden Avenue,
Instructor:	Margaret Menhardt
	10:00 – 11:30 am <b>#211129</b>
Session:	Tue, Apr. 27 – May 25,
	10:00 – 11:30 am <b>#211128</b>
Session:	Tue, Mar. 23 – Apr. 20,
	10:00 – 11:30 am <b>#211127</b>
Session:	Tue, Feb. 16 – Mar. 16,
	······································

#### **Senior Fitness**

A great safe workout where you will use light weights and bands to increase muscle strength. Chairs are used to maintain balance. Great music that you will recognize. Come join the fun with a gentle workout and fun moves! (For active older adults).

\*Please bring your own 1-5 pound weights to class. Session: Wed, Mar. 10 – Apr. 28, 10:15 – 11:15 am **#211040** Instructor: Harriett Simon

Location:	Newtown Township Administration Bldg.
Fee: \$58	Resident Discount: \$48

#### **Body Shaping with Abs**

The ultimate total body workout to build a lean, strong sculpted body! If you want to tone and define selected muscle groups, this class is for you! Upper body routines tone your arms, chest and back. Lower body routines focus on legs, thighs, hips, buttocks and abdominals. Appropriate for all fitness levels. Join us for this fun, stress reducing, hourlong class! *Please bring your own 1-5 pound weights and mats.* 

Session:Wed, Mar. 10 – Apr. 28,<br/>11:30 am – 12:30 pm #211041Instructor:Harriett SimonLocation:Newtown Township Administration Bldg.Fee: \$77Resident Discount: \$64

#### Chair Yoga (ages 13 - adults)

Chair yoga incorporates all the benefits of a yoga mat class while using the support of a chair. This class is designed to teach you the following: yoga postures, breathing techniques, meditation and relaxation techniques with the aid of a chair. This is a gentle as well as a dynamic form of yoga; you will practice yoga while using the chair as a support. Chair yoga is suitable for all ages and all levels of fitness. \*participants should bring a yona mat

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Session:	Sat, Jan. 19 – Feb. 16,
	9:00 - 10:00 am # <b>211186</b>
Session:	Sat, Mar. 2 – 30,
	9:00 - 10:00 am # <b>211187</b>
Instructor:	Helen Murphy
Location:	Newtown Township Administration Bldg.
Fee: \$60	Resident Discount: \$50
Instructor: Location:	9:00 - 10:00 am <b>#211187</b> Helen Murphy Newtown Township Administration Bldg.

#### Seniors Rock (ages 55+)

Increase your energy and productivity! This program focuses on maintaining a dynamic senior lifestyle. This motivational class includes gentle exercise routines and will touch on a variety of topics for day to day life on maintaining social interaction, staying active, stretching and exercise with discussions on health concerns, memory issues, adequate nutrition, supplements and finding joy in every day! **Session:** Tue. Jan. 12 – 26.

06331011.	106, Jan. 12 – 20,
	1:00 – 2:00 pm <b>#211123</b>
Session:	Tue, Feb. 9 - 23,
	1:00 – 2:00 pm <b>#211124</b>
Session:	Tue, Mar. 9 - 23,
	1:00 – 2:00 pm <b>#211125</b>
Session:	Tue, Apr. 6 – 20,
	1:00 – 2:00 pm <b>#211126</b>
1	

Instructor: Florence Geller

Location: Newtown Township Administration Bldg. Fee: \$25 Resident Discount: \$21

# LaBlast Dance Fusion – a

LABLAST is a fun dance fitness class based on all the dances you see on Dancing with the Stars. Its partner free and uses a wide variety of music from POP to ROCK that will inspire people of all ages and fitness levels. Burn calories and have a Blast doing all the Latin dances of Cha- Cha, Salsa and Samba PLUS the Ballroom dances of Disco, Waltz, Tango and Jive. LABLAST FUSION is a total

body workout that anyone can do! Bring water and please wear sneakers. *Single Day Outdoor Pop-up* sessions will be made available on nice days. An email blast will go out a few days before the start of the program!

# Register on our website to be added to the email chain #211132

Instructor: Shelley Pulaski-Fisher, A.C.E. Certified RYT 200hr Location: Newtown Township Administration Bldg. Parking Lot Fee: \$10

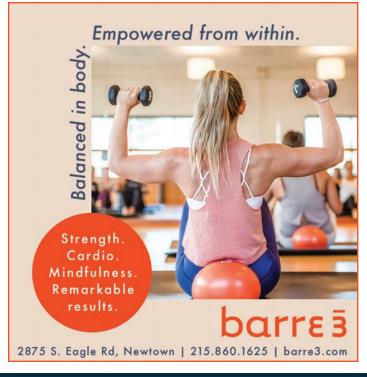
#### Namaaaste Goat Yoga (ages 5-adult)

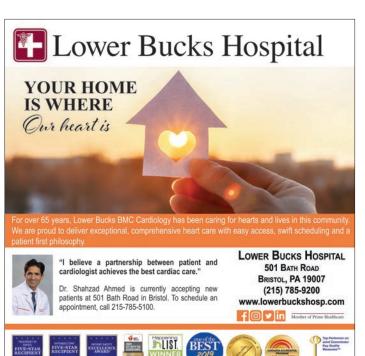
The goat in me honors the goat in you! Join us outdoors for Goat Yoga class! Goat yoga offers the many therapeutic benefits of animal and laughter therapy in a feel good, fun, yoga class ... with adorable baby miniature goats. Goat yoga allows quests to step outside of their everyday routine and remind them to not take life so seriously. See how the goats can help you connect with nature and how a soft touch from a goat or two, is just the extra push you need in your practice. This class is designed for beginners but all levels are welcome to attend. Anyone in the Goat Yoga class



room is considered a participant. Children 12 and under must be accompanied by a parent, who must register for the program. Participants must bring their own mat or towel!

Session:	Sat, Apr. 10, 9:00 – 9:45 am <b>#213047</b>
Session:	Sat, Apr. 24, 9:00 – 9:45 am <b>#213048</b>
Session:	Sat, May 22, 9:00 – 9:45 am <b>#213049</b>
Session:	Sun, May 23, 9:00 – 9:45 am <b>#213050</b>
Session:	Sat, Jun. 12, 9:00 – 9:45 am <b>#213051</b>
Session:	Sat, Jun. 26, 9:00 – 9:45 am <b>#213052</b>
Session:	Sat, Jul 10, 9:00 – 9:45 am #213053
Session:	Sat, Jul. 24, 9:00 – 9:45 am <b>#213054</b>
Session:	Sun, Jul. 25, 9:00 – 9:45 am <b>#213055</b>
Session:	Sat, Aug. 7, 9:00 – 9:45 am <b>#213056</b>
Session:	Sat, Aug. 21, 9:00 – 9:45 am <b>#213057</b>
Session:	Sat, Sep. 4, 9:00 – 9:45 am <b>#214001</b>
Session:	Sat, Sep. 25, 9:00 – 9:45 am <b>#214002</b>
Session:	Sat, Oct. 2, 9:00 – 9:45 am <b>#214003</b>
Instructor:	Namaaaste Goat Yoga
Location:	Veteran's Park, behind Noah's Playground
Fee: \$40	Resident Discount: \$38





# **ADULT SPECIAL INTEREST**

#### **Trash to Treasure** NEW

If you're looking for a creative way to upcycle your empty wine bottles, you will LOVE this home decor project. Create a decorative accent light out of a wine bottle. These DIY accent lights are an attractive addition to any room - plus, they are a unique and personal way to decorate your home. \*Bring an empty, label-free wine bottle, a glue gun and

#### scissors. All other necessary materials are included. Session: Thu, Jan. 28,

	6:00 – 8:00 pm <b>#211074</b>
Session:	Mon, Feb. 8,
	6:00 – 8:00 pm <b>#211075</b>
Instructor:	Ann Krull
Location:	Newtown Township Administration Bldg.
Fee: \$24	Resident Discount: \$20

#### Mah Jongg VIRTUAL

Originating in China, Mah Jongg is an exciting and engaging game using tiles to form hands, much like rummy. Learn to play the American version using the National Mah Jongo League rules and card. An experienced educator will explain the basics in simple terms and guide you as you learn. It would be helpful to have a Mah Jongg set available to use during class. All other necessary materials are included. \*Please visit NewtownFun.

com for more details on this course. Session: Tue, Jan. 5 – 26, 6:00 - 8:00 pm #211164 Session: Tue, Mar. 2 – 23, 6:00 - 8:00 pm #211165 Session: Tue. Apr. 6 - 27. 6:00 - 8:00 pm #211166 Instructor: Neilia Makadok Location: Zoom Fee: \$85

## NEW Eat Smart to Feel Great

Do you want to eat healthy but don't know where to start? Tired of dieting and confused about fads like keto, paleo, intermittent fasting, cleansing, juicing and the rest? Come learn sound nutrition principles you can use for life from a registered Dietetic Technician. Eat smart to feel great! Wed Jap 20 Eab O/

	Theresa Prior Newtown Township Administration Bldg. <b>Resident Discount:</b> \$70
	7:00 – 8:15 pm <b>#211098</b>
Session:	Wed, Mar. $10 - Apr. 14$ ,
36331011.	7:00 – 8:15 pm <b>#211097</b>
Session:	Wed. Jan. 20 – Feb. 24.

#### Night at the French Bistro

Join us for a Night at the Bistro, a demonstration style cooking class from Saucy's Kitchen. Come learn how to recreate the feel of a little French bistro as we make a light, tomato bisque, a tricolor salad with candied almonds and cranberries, an easy but impressive portabella mushroom sandwich and of course an apple rose tart for dessert to top off our night. All of these delicious recipes are dairy and meat free and would be enjoyed by vegans and non-vegans alike. Come hungry as you will not only observe the preparation of the recipes and take home details of how to recreate it at home but you will enjoy the meal at the end of class so you can ask questions of how to customize any changes to meet your specific preferences.\*A \$10 materials fee is due to the instructor at the beginning of class.

Session: Thu, Jan. 28, 6:30 – 8:30 pm #211167 Instructor: Lynne Coulter, Saucy's Kitchen Location: Newtown Township Administration Bldg. Fee: \$42 Resident Discount: \$35

#### **Starting a Vegetable Garden**

Join an experienced master gardener and learn how to start your very own vegetable garden. Learn about the 10 easiest vegetables to grow. Your garden can be your own victory over poor quality, overpriced supermarket vegetables. Come with questions and share your own ideas, too. Session: Sat, Feb. 13,

10:30 am - 12:00 pm **#211082** Instructor: Mary Crum, Master Gardner P.S.E.S. Location: Newtown Township Administration Bldg. Fee: \$18 Resident Discount: \$15

#### **Terrarium Building** NEW

Join Marissa with The Art of Ecology for an evening of education and fun as we examine the importance of plants in our lives and about plant health care! Each participant can expect to bring home one finished terrarium to hang or to sit on a flat surface. All materials, including plants, will be provided, however if you would like to bring little accessories to enhance your terrarium, please feel free to! A portion of all proceeds from workshops with The Art of Ecology benefits Habitat & Plant Preservation Efforts.

\*A \$20 materials fee is due to the instructor at the beginning of class.

Session:	Thu, Mar. 4,
	6:30 – 8:30 pm <b>#211083</b>
Instructor:	Marissa Jacobs, Art of Ecology
Location:	Newtown Township Administration Bldg.
Fee: \$42	Resident Discount: \$35

### Boating for Beginners (ages 13+)

Become a PA state-certified boat operator. The certificate earned is PA state authorized and is accepted in all states where required for the operation of powered vessels including personal watercraft (jet skis, etc.). This class will provide an introduction to boating; equipment, safety, emergencies and general regulatory information. This is the minimum eight-hour requirement for state certification. Session: Sat. Mar. 27.

9:00 am - 5:30 pm #211042 Instructor: Raymond Robson, Coast Guard Auxiliary Location: Newtown Twp. Administration Bldg. Fee: \$60 Resident Discount: \$50

#### **Antiques Road Show:** What are your Treasures Worth?

Author, Auctioneer, Appraiser and Radio Show Host Mike Ivankovich will introduce you to "10 Factors That Will Always Impact the Value of Your Treasures"... and then he'll reveal what your Antiques. Collectibles, and Personal Treasures are really worth today. Each attendee is invited to bring in one item for Mike to appraise. Session: Thu, Apr. 29,



#### Asian Cuisine

Expand your culinary expertise with different flavors from the Far East in a fun and informative atmosphere. Learn how to make, Vietnamese, Korean, and Thai food and other dishes from Asia. This is a hands-on cooking class taught step by step. See website for specific menus. \*A \$15 materials fee is due to the instructor at the

beginning of class. Session: Wed, Feb. 24,

	6:00-8:00 pm <b>#211034</b>
Session:	Wed, Mar. 31,
	6:00-8:00 pm <b>#211035</b>
Session:	Wed, Apr. 21,
	6:00-8:00 pm <b>#211036</b>
Session:	Wed. May 19,
	6:00-8:00 pm <b>#211037</b>
Instructor:	Amelia Chong
Location:	Newtown Twp. Administration Bldg.
Fee: \$18	Resident Discount: \$15

#### Adult Drawing and Sketching (Ages 16+)

It's never too late to start or practice something you love! In this class, participants will focus on perspective, form, modeling and more. All levels are welcome! Please bring to class: 18 x 24 sketchpad, colored pencils, two or more charcoal pencils, drawing pencils and an eraser.

Session:	Wed, Jan. 13 – Feb. 10,
	7:30 – 8:30 pm <b>#211005</b>
Session:	Wed, Feb. 17 – Mar. 17,
	7:30 – 8:30 pm <b>#211038</b>
Session:	Wed, Mar. 31 – Apr. 28,
	7:30 – 8:30 pm <b>#211039</b>
Session:	Wed, May 5 – Jun. 2,
	7:30 –8:30 pm <b>#211198</b>
Instructor:	Mary Barnett, A Room with a View
Location:	Newtown Township Administration Bldg.
Fee: \$63	Resident Discount: \$52

#### **Basic Dog Training**

Provides basic obedience training for puppies and dogs of all ages. We'll use positive motivation to learn sit, down, come, stay, leave-it, and walk nicely on leash. We'll play games like "Puppy in the Middle", "Pass the Puppy", and a Doggy Obstacle Course to achieve our obedience goals. We'll also work on manners like jumping up, biting, house breaking, chewing, etc. Class has a maximum of 3 participants to ensure social distancing. Please bring lots of soft treats and a collar and leash (no extendable leashes). All dogs need to have age appropriate shots.

Session:	Mon, Jan. 11 – Feb. 15,
	6:00 – 6:45 pm <b>#211216</b>
Session:	Mon, Jan. 11 – Feb. 15,
	7:00 – 7:45 pm <b>#211217</b>
Session:	Wed, Jan. 13 – Feb. 17,
	9:00 – 9:45 am <b>#211218</b>
Session:	Wed, Jan. 13 – Feb. 17,
	10:00 – 10:45 am <b>#211219</b>
Session:	Thu, Jan. 14 – Feb. 18,
	9:00 – 9:45 am <b>#211221</b>
Session:	Thu, Jan. 14 – Feb. 18,
	10:00 – 10:45 am <b>#211222</b>
Session:	Sat, Jan. 16 – Feb. 20,
	9:00 – 9:45 am <b>#211223</b>
Session:	Sat, Jan. 16 – Feb. 20,
	10:00 – 10:45 am <b>#211224</b>
Instructor:	Dottie Peruzzi, Sit Happens Dog
Man 9 Thu	ne Instructory Datty Abrama

Training Mon & Thurs Instructor: Betty Abrams

Location: The Barn, 2600 Langhorne/

Yardley Road, Langhorne, PA Fee: \$252 Resident Discount: \$210

#### **Rally Training**

This is a fun sport where you and your dog work on leash as a team to complete a course of signs that indicate obedience exercises to complete before moving to the next sign. This is a beginner level and will be done on leash. Basic skills are necessary such as sit, down, stay, come and walk nicely in heel position. You and your dog will learn a lot of new and exciting skills as well as how to maneuver through a rally course.

Advanced:	Tue, Jan. 12 – Feb. 16,
	5:30 – 6:15 pm <b>#211225</b>
Level 1:	Tue, Jan. 12 – Feb. 16,
	6:30 – 7:15 pm <b>#211226</b>
Instructor:	Dottie Peruzzi, Sit Happens Dog Training
Location:	The Barn, 2600 Langhorne/
	Yardley Road, Langhorne, PA
Fee: \$252	Resident Discount: \$210

#### **Advanced Training**

Provides Advanced level obedience training for puppies and dogs for all ages. We'll use positive motivation to learn sit, down, come from a distance and with distractions, stand, backup, walk in heel position, etc. We will also teach you how to get your dog to focus on you so that they respond better to your commands. We will also be teaching some tricks such as take a bow, wave hello, pick up your toys, etc.

Session:	Wed, Jan. 13 – Feb. 17,
	5:30 – 6:15 pm <b>#211227</b>
Session:	Wed, Jan. 13 - Feb. 17,
	6:30 - 7:15 pm <b>#211228</b>
Instructor:	Dottie Peruzzi, Sit Happens Dog Training
Location:	The Barn, 2600 Langhorne/
	Yardley Road, Langhorne, PA
Fee: \$252	Resident Discount: \$210

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VIRTUAL iArt Simplified!
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Did you know your tablet, iPad, or iPhone is a complete artist studio? All the materials are there. Paint, crayon, spray paint and pencils plus photography in one integrated package. Your fingertip or stylus becomes a brush. Oh yeah, even a brush stylus. Who doesn't like to finger paint? Prints can be made on watercolor paper, metal, glass and all kinds of paper. Fire up your iPad, tablet or even your phone, load up ArtStudio at your app store and join us on Zoom for demonstration based learning by well known area artist John Deitz. Session: Tue, Feb. 2-23, 7:00 - 8:00 pm **#211163** 

Instructor: John Deitz Location: Zoom Fee: \$40

#### Beadweaving Basics – Simplicity Necklace

Mother's Day is just around the corner! Need a gift for Mom or some other special person? In this class, you will learn to follow a beautiful pattern created by gifted beadweaving designer, Deb Roberti, to create a lovely necklace. You can check out Deb's designs at aroundthebeadingtable.com. A variety of beads and colors will be available to select from to personalize your design.

#### A \$10 materials fee payable to the instructor will allow you to complete one necklace in class and take home a small kit with extra supplies.

Session: Tue, May 4, 6:30 - 9:00 pm #211104 Instructor: Robin Henkin Location: Newtown Township Administration Bldg. Fee: \$36 Resident Discount: \$30

#### Beadweaving Basics – II"LOOM"inate Your Life!

Using a small jewelry loom, learn how to graph your own simple pattern, and then set up your loom to weave and finish a hand-crafted bracelet, pendant, or earrings. A \$15 materials fee payable to the instructor, includes the loom (which is yours to keep), and all the necessary materials to complete this project. You will also take home a small supply kit for future projects.

Session:	Tue, May 11 - 18,
	6:30 - 9:00 pm <b>#211105</b>
Instructor:	Robin Henkin
Location:	Newtown Township Administration Bldg.

Fee: \$42 Resident Discount: \$35

#### Saucy's Supper - Italian Style Vegan

Are you following a vegan lifestyle, or do you have a quest or family member that does and you would like to have some traditional Italian food options that can suit everyone's needs? Following a vegan lifestyle doesn't mean you can't enjoy your favorite traditional Italian recipes. Learn how to make the old classics a whole new way. Join us for a fun and informative demonstration style cooking class with a bit of hands on activity where we will share recipes, instruction and enjoy a meal together. Our vegan meal features easy weeknight Marinara Sauce, Eggplant Meatballs over Spaghetti Squash Pasta, Tofu Francese and Zucchini Ravioli. Come hungry and ready to have some fun! \*A \$10 materials fee is due to the instructor. Session:

 Session:
 Thu, Apr. 29,

 6:30 – 8:30 pm #211168

 Instructor:
 Lynne Coulter, Saucy's Kitchen

 Location:
 Newtown Township Administration Bldg.

 Fee: \$42
 Resident Discount: \$35

#### Sewing

Have you always wanted to learn how to sew or do you have a sewing machine tucked away in a closet? Sew Much Fun Studios is offering sewing classes for adults for skills such as: hemming, mending, alterations, as well as, how to make custom pillows, valances and draperies. See what you can sew in only 3 classes. Additional supplies may be needed. **Session:** Wed, Jan. 13 – 27,

	10:00 - 11:30 am <b>#211106</b>
Session:	Wed, Feb. 3 – 17,
	10:00 - 11:30 am <b>#211107</b>
Session:	Wed, Mar. 3 – 17,
	10:00 - 11:30 am <b>#211108</b>
Session:	Wed, Mar. 31 – Apr. 14,
	10:00 - 11:30 am <b>#211109</b>
Session:	Wed, Apr. 21– May 5,
	10:00 - 11:30 am <b>#211110</b>
Session:	Wed, May 12 – 26,
	10:00 - 11:30 am <b>#211111</b>
Instructor:	Lisa Shull
Location:	Sew Much Fun Studios,
	2324 Second Street Pike,
	Wrightstown, PA 18940

#### Fee: \$100



#### **Savory Naturals Cooking Series**

Join us as we create savory, natural dishes in a hands on cooking class. Learn how to make simple and luscious meals with quick recipes that you can prepare at home. This class will utilize organic and local foods with a focus on plant based recipes. \*A \$15 materials fee is due to the instructor at the

#### beginning of class.

Warming Soups & One Pot Meal Session: Sat, Jan. 23, 10:00 - 12:00 pm #211173 JUST Desserts Session: Sat, Feb. 13, 10:00 - 12:00 pm #211174 Lighten Up for Spring Session: Sat, Mar. 13, 10:00 - 12:00 pm #211175 Love your Liver Session: Sat, Apr. 17, 10:00 - 12:00 pm #211176 Instructor: Chef Susan Cohen, Natural Foods Chef/Instructor Location: Newtown Township Administration Bldg. Fee: \$48 **Resident Discount: \$40** 

#### **Chakras**

Learn about the energy centers in the body and how they relate to our well-being and hormonal system. Explore gentle movement, foods and meditation techniques. The Chakras are healing energies where we focus, meditate, use colored foods and clothes and light movement. For any and all levels. Session: Sat, Jan. 30, 12:30 – 2:00 pm **#211177** Instructor: Susan Cohen, Natural Foods Chef/Instructor, Yoga Instructor and Foot Reflexologist for over 15 years

Location: Newtown Township Administration Bldg.

Fee: \$43 Resident Discount: \$36

#### **Energy & Wellness Series**

Learn how to improve your energy and overall wellness through food, movement & relaxation. Each class will focus on a different topic. Join us for a fun and educational class. Take home guides will be provided.

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Sugar Cravings/Sugar Blues
Session:
           Thu, Jan. 21,
           6:15 – 7:15 pm #211178
Sleep Easy
           Thu, Feb. 18,
Session:
           6:15 - 7:15 pm #211179
Strong & Healthy Bones
Session:
           Thu, Mar. 18,
           6:15 - 7:15 pm #211180
Instructor: Susan Cohen,
           Natural Foods Chef/Instructor,
           Yoga Instructor and Foot
           Reflexologist for over 15 years
Location: Newtown Township Administration Bldg.
Fee: $36 Resident Discount: $30
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#### **Herb Plant Sale**

Just in time for Spring planting in your garden! Newtown Township Parks & Recreation in conjunction with Russell Gardens Wholesale will be offering a variety of common herbs for sale for \$4.00 per/plant. We will be taking orders through **Friday, May 7** for the following herbs: Parsley, Sage, Basil, Rosemary, Thyme, Dill, Cilantro and Oregano. Herbs come ready to plant in 4" pots and will be available for pick up at the Township building on Friday, May 14th during the hours of 8:00 am through 4:30 pm.

# **ADULT SPECIAL INTEREST** continued

# Understanding the Basics of Wills,

**Powers of Attorney & Probating an Estate** Learn the basics of a simple Will, what the terms mean, how to probate a Will and what happens if there isn't a Will. Learn about Durable Powers of Attorney & Living Wills. Taught by an attorney with 30+ year's experience.

Session: Thu, Feb. 11, 6:30 – 9:30 pm **#211099** Instructor: Anne Porter, Esq. Location: Newtown Township Administration Bldg.

Fee: \$36 Resident Discount: \$30

#### **Fundamentals of Investing**

Learn the basics of investing, including how to select an investment manager. Learn how to assess your risk tolerance and how risk impacts your return. Learn about different types of investment and important considerations in making your selections. Learn the difference between passive and active investing and how to design a portfolio. **Session:** Thu, Jan. 21 6:30 – 8:00 pm **#211161** 

Session: Thu, Mar. 11 6:30 – 8:00 pm **#211162** Instructor: David J. Novick, CFP, ChFC, CLU, MBA Location: Newtown Township Administration Bldg.

Fee: \$15 Resident Discount: \$12

#### VIRTUAL Know Your Medicare Options During this seminar, you will learn:

- How Medicare works and what it covers.
- How Medicate works and what it covers.
   How Part "D" prescription cards work and how to gial the gight on formation.
- to pick the right one for you.The differences between Medicare

supplements and Medicare Advantage plans. This seminar is suitable for anyone who may have decisions to make regarding medicare coverage or anyone wanting to learn and be prepared for the future. Presented by Steven Bobrin, a Medicare planning specialist with DelVal Senior Advisors. **Session:** Wed, Mar. 3,

6:30 – 8:00 pm **#211021** Instructor: Steven Bobrin, DelVal Senior Advisors Location: Zoom

Free but pre-registration is required.

#### Savvy Social Security Planning – Virtual and In Person

State of the Union with Social Security Solvency. This class will cover the following topics: how is my benefit calculated and how can I make it grow, understanding all of the rules of the road (ages, COLAs, etc.), whether to delay social security or not, understanding the nuances of spousal benefits, divorce benefits, widow benefits, how to maximize the amount that social security will pay, and understanding the tax ramifications of social security.

Session: Thu, Feb. 25, 6:30 – 8:00 pm #211169 online / #211170 in person Instructor: Jeffrey Beyer

Location: Newtown Township Administration Bldg. Fee: \$12 Resident Discount: \$10 Inspiring Women – Virtual and In Person

Where men once dominated financial affairs, the growing presence of women in the workplace and as heads of households continues to be a paradigm shift. As women have taken more responsibility for their long-term goals and financial health, they have become a force to be reckoned with. This brings an array of unique financial needs. This class will offer an alternative approach that speaks the woman's language when it comes to managing her finances. This class will empower women to become strong and financially confident!

Session: Thu, Apr. 22, 6:30 – 8:00 pm #211171 online / #211172 in person

Instructor: Jeffrey Beyer Location: Newtown Township Administration Bldg.

Fee: \$12 Resident Discount: \$10

#### Self Employment: Today's Alternative to W-2 Employment

Interested in being self-employed? In this presentation we'll cover many important topics to help you decide when it is the RIGHT TIME to look at self-employment as an option to seeking W-2 employment. \*Please visit newtownfun.com for more details on this course.

Session: Thu, Mar. 25, 6:30 – 8:00 pm #211103

Instructor: Earl L. Sigmund CPA

Location: Newtown Township Administration Bldg.

Fee: \$12 Resident Discount: \$10

### **Special Needs Financial Planning**

Planning for the personal needs and financial security of those with a disability may seem overwhelming, but it doesn't need to be difficult. This class will focus on the benefits of planning and include an overview of Public Benefits (SSI, SSDI & Medicaid), Special Needs Trusts, ABLE accounts, Guardianship and Tax Planning strategies. Learn how to create an effective plan for yourself or someone you care for.

Virtual Session: Mon, Feb. 8,

7:30 – 9:00 pm **#211112** 

Instructor: Alexander Petsis,

Chartered Special Needs Consultant® Location: Zoom Fee: \$10

#### In Person Session: Mon, May 10,

7:30 – 9:00 pm **#211113** 

Instructor: Alexander Petsis,

Chartered Special Needs Consultant® Location: Newtown Township Administration Bldg. Fee: \$10 Venessa Phipps, owner DeGanya Aromatics, will be offering the following classes in the spring. Check our website for dates and times.

#### **Cold Process Soap Making for Beginners**

Learn how to make your own soap from start to finish. This class focuses on the beginner soap maker, no prior soap making experience is required. The soap making process taught is Cold Process, Thermal Heat/Room Temperature technique. You will make a batch of soap to take home with you!

#### Hot Process Soap Making for Beginners

Learn how to make your own soap from start to finish. This class focuses on the beginner soap maker, no prior soap making experience is required. The soap making process taught is Hot Process using a Crock Pot. You will make a batch of soap to take home with you!

#### **Sensational Scrubs**

This class focuses on making your own spa quality scrubs – face, body, hand & feet - with many of the materials you already have in your kitchen or garden.

#### **Lotion Making From Scratch**

Learn how to make your own lotion and creams from scratch. Learn the importance of good manufacturing practices, how to choose oils and butters for your skin type, why to use a preservative, how to scent with fragrant and essential oils as a matter of preference and proper labeling even when not selling.





What to get the person or child that has everything? How about a gift certificate for Newtown Township Parks & Recreation? We have a variety of classes to choose from and seasonal ones as well! Sports, fitness, cooking, science, drawing, special events, and more! Please stop by in person to pick one up today!

# PARKS & RECREATION

Phone: 215-968-2800 ext. 239 • www.NewtownFun.com • recreation@newtownpa.gov Office Hours: Monday-Friday | 8:00 am-4:30 pm



#### **HOW TO REGISTER:**

- Register online at www.NewtownFun.com and pay with the convenience of a credit card (VISA/MC/DSCVR)
- Call the Parks and Recreation staff and register over the phone: 215-968-2800 ext. 239.
- In person, Monday through Friday, 8:00 am to 4:30 pm and closed on holidays.

• Mail in by using the registration form provided below and send to Newtown Township Parks and Recreation, 100 Municipal Drive, Newtown, PA 18940

#### **IMPORTANT INFORMATION**

- Please send check and **signed** registration form to **Parks & Recreation Dept.**, **100 Municipal Drive**, **Newtown**, **PA 18940**
- For registration info, call 215-968-2800 ext. 239
- Activity Codes are listed with each program (e.g., #00101). Registrations can not be processed without correct activity codes.
- **Registration** will continue until programs reach capacity. However, all activities will be closed to registration after the first scheduled meeting of the activity.
- Non-Residents pay "NR" fees. Non-residents are those who live outside of Newtown Township and pay taxes to other townships, for example: Newtown Borough, Wrightstown, Upper Makefield, etc.
- Inclement Weather & Emergency Class Cancellations If programs are cancelled or postponed due to inclement weather we will make every effort to contact you by email or phone. If the Council Rock School District closes early or cancels due to weather, all programs scheduled at school locations will be cancelled.

### **REGISTRATION INFORMATION:**

When you register for any of our terrific programs, you will receive an email with confirmation of your registration. Additionally, Parks & Recreation or the program instructor **may** email you if there is important information to know for the program, if there are any class cancellations or time changes.

If it's almost time for your class to begin, and you haven't heard from our friendly staff, but received a confirmation receipt, then you're ready to go!

Office: 215-968-2800 ext. 239	Checks payable to Newtown Parks & Rec. 100 Municipal Drive, Newtown, PA 18940
Family Name(s)	
Address	
City	
State	Zip
Home Phone	
Work Phone	
	information quicker and easier!)

**\*\*Release**\*\* I release Newtown Township from all claims that may result from my participation or my child's participation in the above program(s). I grant to a physician or hospital to provide emergency medical care to aid myself or my child(ren) in the event of injury in connection with the above program(s).

Policy Number.....

Programs fill fast! Don't miss out REGISTER TODAY!

www.NewtownFun.com

#### **GENERAL INFORMATION**

**PHOTO POLICY** We may take your picture at recreation programs or events. Please be aware that these photos are for departmental use and may be used in future brochures, flyers, and other publicity. Please let us know if this presents a problem.

#### **Cancellation & Refund Policy**

- If Newtown Township Parks & Recreation cancels a program, participants will receive a full refund.
- No refunds or credits are given when a participant withdraws from a program.
- · Please see www.NewtownFun.com for detailed refund policies.

#### YOU SNOOZE ... YOU LOSE!

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A	www.NewtownFu		RY			
First Name	Age/Birth Date			Fee		
		**Fee T	otal**			
Credit Card (must circle one): MasterCard VISA Discover Card #						
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We would like to send out a Heartfelt, Safe and Healthy message to all the residents, businesses, and Township staff during this pivotal time in history.

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